

## Premium™ Active Mobility Capsules

*Helps maintain healthy joints and relieve pain due to overexertion.*

**Directions:** As a dietary supplement, take one (1) capsule one (1) to three (3) times daily or as directed by your physician.

**Supplement Facts:** Serving size 3 capsules.

	Amount Per Serving	% Daily Value
Vitamin C (Calcium Ascorbate)	125mg	208%
Calcium (Citrate, Ascorbate, Pantothenate)	52mg	5%
Niacin †	72mg	360%
Vitamin B6 (Pyridoxal 5' Phosphate)	2mg	100%
Pantothenic Acid (Calcium Pantothenate)	125mg	1250%
Phosphorus (Vitamin B6, Pyridoxal 5' Phosphate)	30mg	3%
Magnesium (Citrate)	30mg	8%
Manganese (Lysinate)	9mg	450%

### Active Mobility™ Blend

450mg \*

Horsetail (shoot) (1,2) White Willow (bark) (1) Chinese Thoroughwax (Chai Hu) (root) (3) Jamaican Sarsaparilla (1) Yucca (root) (1) Astragalus (Huang Qi) (root) (1) Chinese Licorice (Gan Cao) (root) (4,5,6) Ginger (root) (3,7,8) Devil's Claw (root) (3,8) Yarrow (flower) (1,5) Bayberry (root, bark) (1) Turmeric (root) (3,5,10)

L-Cysteine	60mg	*
L-Histidine	125mg	*
DLPA	60mg	*
Bromelain (2500 GDU)	112mg	*

1. Wild harvested. 2. Contraindicated in cardiac or renal dysfunction. 3. Certified Organic. 4. No detected pesticides, herbicides or fungicides. 5. Not to be used during pregnancy. 6. Not for prolonged use or in high doses except under supervision of a qualified health practitioner, contraindicated for diabetics and in hypertension, liver disorders, severe kidney insufficiency, and hypokalemia; may potentiate potassium depletion of thiazide diuretics and stimulant laxatives, as well as the action of cardiac glycosides and cortisol. 7. Not to be used during pregnancy. 8. Persons with gallstones should consult a physician prior to use. 9. Contraindicated in gastric and duodenal ulcers. 10. Therapeutic quantities should not be taken by people with bile duct obstruction or gall stones; should not be administered to patients who suffer from stomach ulcers or hyperacidity.

Other Ingredient: Gelatin (Capsule)

† Beneficial Niacin Flush May Occur

\* No Daily Value Established.