

## Premium™ Life Strength™ Capsules

*Nutritional support for times of exceptional stress.*

**Directions:** As a dietary supplement, take one (1) capsule one (1) to two (2) times daily or as directed by your physician.

### Supplement Facts:

Serving Size 2 capsules

	Amount Per Serving	% Daily Value
Vitamin C (Potassium Ascorbate)	60mg	100%
Potassium (Aspartate, Ascorbate)	36mg	Under 2%
<b>Life Strength™ Herb Blend (Herbs)</b>	490mg	*
Astragalus (Huang Qi) (root) (1) Eleuthero (root) (2) Ginger (root) (1,3,4) Prickly Ash (bark) (1,3) Osha (root) (3) Reishi (Ling Zhi) (fruiting body) Schisandra (Wu Wei Zhi) (fruit) (1) Yerba Mansa (root) (2) Echinacea Angustifolia (root) (1) Echinacea Purpurea (root) (1) White Sage (leaf, stem) Aralia (root) (2,3) Lomatium (root) (2,3,5)		
Bioflavonoids (lemon) (concentrated)	70mg	*
Life Strength™ Protein Blend L-Alanine, L-Lysine, L-Threonine	290mg	*

1. Certified Organic 2. Wild harvested. 3. Not to be used during pregnancy 4. Persons with gallstones should consult a practitioner prior to use. 5. When used internally, can cause skin rashes.

\* Daily Value Not Established  
Other Ingredients: Gelatin (Capsule)

Stress affects the Adrenal Glands and depletes their ability to produce hormones that can protect us from the effects of stress in the future. When we are subjected to stress our body goes into what has been described as the "fight or flight" mode. Our body goes through changes that are needed to deal with the danger at hand. This is normal if it only happens occasionally. If it happens constantly, the body becomes exhausted and is less and less able to cope. The Nutrients in Life Strength™ capsules feed the body in this critical area so that it is better prepared to resist during those times when stress occurs. It can also be used in times when additional stress is anticipated, for example, preparing for surgery or before an airplane flight. It is especially useful to help the body resist the effects of working at a computer or around toxic chemicals and electronics.