

Premium Nutrition™ TruPower™ E400 Capsules

- *Helps to sustain healthy immune function.*
- *Supports normal nerve transmission.*
- *Aids in retaining elasticity and blood flow throughout the circulatory system.*
- *Facilitates muscle relaxation during exercise.*
- *Provides relief for occasional muscle cramps.*

Directions: As a dietary supplement, take one (1) to two (2) softgel capsules two (2) times daily or as directed by your physician.

Supplement Facts: Serving size 1 softgel capsule

	Amount Per Serving	% Daily Value
Vitamin E (natural unesterified d-alpha tocopherol: Plus natural unesterified mixed tocopherols: alpha, beta, gamma, delta) †	400 IU	1333%

† derived from soy.

Other ingredient: Soy oil. Softgel capsule (Gelatin, Water).

When vitamin E is esterified, the active alpha compound is chemically isolated and combined with another substance to form an ester such as tocopheryl acetate or tocopheryl succinate. Not being subject to oxidation, tocopheryl esters do not supply the powerful antioxidant action and free radical protection of free non-esterified tocopherols. Vitamin E is also better absorbed and utilized as tocopherol than in the esterified forms. Esters consist of both organic and inorganic compounds and as such are not recognized by the body as totally "natural."